

AGE GROUP	GENERAL	UNDER 9	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14
FORMAT A							
7.30	R&R						
8.15	MARCH PAST						
9.00	EVENT 1	FLAGS	WADE RELAY	BOARD RELAY	SPRINT	CAMERON	SWIM
10.00	EVENT 2	WADE RELAY	FLAGS	SPRINT	BOARD RELAY	SWIM	CAMERON
11.00	EVENT 3	SPRINT	BOARD RELAY	CAMERON	SWIM	BOARD RELAY	FLAGS
12.00	EVENT 4	BOARD RELAY	SPRINT	SWIM	CAMERON	FLAGS	BOARD RELAY
1.00	EVENT 5	CAMERON	CAMERON	BOARD RESCUE	FLAGS	SPRINT	BOARD RESCUE
2.00	EVENT 6	SWIM	SWIM	FLAGS	BOARD RESCUE	BOARD RESCUE	SPRINT
3.00	FINISH						
FORMAT B							
7.30	R&R						
8.15	MARCH PAST						
9.00	EVENT 1	FLAGS	WADE	BOARD	BEACH RELAY	CAMERON	SWIM TEAMS
10.00	EVENT 2	WADE	FLAGS	BEACH RELAY	BOARD	SWIM TEAMS	CAMERON
11.00	EVENT 3	BEACH RELAY	BOARD	CAMERON	SWIM TEAMS	BOARD	FLAGS
12.00	EVENT 4	BOARD	BEACH RELAY	SWIM TEAMS	CAMERON	FLAGS	BOARD
1.00	EVENT 5	CAMERON	CAMERON	IRONMAN	FLAGS	BEACH RELAY	IRONMAN
2.00	EVENT 6	SWIM TEAMS	SWIM TEAMS	FLAGS	IRONMAN	IRONMAN	BEACH RELAY
3.00	FINISH						

ARENA	
1	MODIFIED WATER
2	SNR BOARD / MODIFIED WATER
3	SNR SWIM
4	SNR SWIM/BOARD
5	SPRINTS
6	FLAGS 2 AREAS M/F

AGE GROUPS	FORMAT A	FORMAT B
ALL	SPRINT	BEACH RELAY
ALL	SWIM	SWIM TEAMS
ALL	BOARD RELAY	BOARD
U11 - U14	BOARD RESCUE	IRONMAN
MODS	WADE RELAY	WADE
ALL	FLAGS	FLAGS
ALL	CAMERON	CAMERON