



# Surf Life Saving SA

## 2011 Junior Development Camps



Encounters Conference Centre

Victor Harbor, 29<sup>th</sup> April to 1<sup>st</sup> May 2011

incorporating the

U11/U12 & U13/U14 Junior Development Camps

## 2011 SLSSA Junior Development Camp Newsletter


Congratulations on being nominated and selected to attend the 2011 SLSSA Junior Development Camp. These Development Camps have been run for many years and are very important for the development of Surf Life Saving in South Australia and most importantly our members including you!

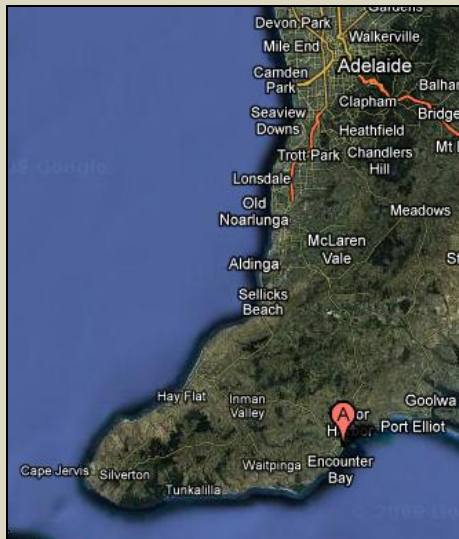
We are very pleased to be offering these camps again this year and especially excited to be taking you down to our beautiful southern coastal region around Victor Harbor. Being down this way we will be able to easily access a number of the local surf beaches, facilities and attractions.

Overall we have lots of fun and challenging activities planned and hope you enjoy your experience and friendships developed throughout!

It is hoped that this camp will be just one of the many forums you may attend throughout your involvement in Surf Life Saving either at State or National levels.

### The Camp Location

Our camp location is around a one hour drive from Adelaide and is situated just one km west of Victor Harbor city centre at the Encounters Conference Centre (formerly Red Shields Memorial Camp)  at 22 Bartel Boulevard, Victor Harbor. The phone number is 08 8552 2707



### Eating and Sleeping

Most of our meals and accommodation each night will be at the campsite and sleeping will be in dormitories which you will be allocated on arrival. Each bed has blankets but all campers will need to bring either a sleeping bag or sheets and a pillow for your two night stay. Any special dietary requirements should have been notified via your Application Form by now however if this is not the case please notify me immediately so we can pass this onto the caterer.

### Notes re Campsite

Prohibited items include chewing gum, alcohol, non-prescription drugs and all buildings are smoke-free. Quiet time is between 10.30pm and 7.00am. No bikes, scooters, skateboards, etc are to be ridden on site.

## Getting there...

### U11/U12 and U13/U14 members

Bus Departs Surf Life Saving SA 12.30 pm, Friday 29<sup>th</sup> April 2011

Bus Departs Moana SLSC 1.00 pm, Friday 29<sup>th</sup> April 2011

Meet at Encounter Camp and Conference Centre at 2.00pm, Friday 29<sup>th</sup> April 2011

Bus Returns: Surf Life Saving SA 3.30pm, Sunday 1<sup>st</sup> May 2011

Bus Returns: Moana 3.00pm, Sunday 1<sup>st</sup> May 2011

Pick up from Encounter Camp and Conference Centre at 2.00pm, Sunday 1<sup>st</sup> May 2011

### DROP OFF AND PICK UP POINTS

As previously advised there will be one at SLSSA (Henley Beach Rd) where you are asked to be there at 12.00pm for a 12.30pm departure and the other at Moana SLSC where you are asked to be there at 12.30pm for a 1.00pm departure - SHARP as we don't want to be kept waiting please!! Return at Moana will be around 3.00pm and SLSSA at 3.30pm. We will have camp assistants at both locations coordinating and supervising.

If you are being dropped off and picked up at Camp you will also need to let me know.

### PLEASE RESPOND VIA E-MAIL:

**YOU WILL NEED TO LET ME KNOW WHICH PICK UP & DROP OFF POINT YOU WILL BE AT SLSSA or MOANA or meeting us and being picked up at the CAMP venue.**

## What you need to bring...

<b>Clothes</b>
1 x Warm Set and an extra set that may get wet!!
Exercise Clothes (i.e. Tracksuit)
Sneakers, Thongs and/or Comfortable Walking Shoes and/or Spare shoes.
Wet Weather Gear (Lightweight)
Pyjamas
Bathers, Goggles & Wetsuit (if you have one – one will be supplied if you don't)
<b>Other</b>
Sleeping Bag (or Bedding sheets) & Pillow (Blankets are supplied)
Broad Brimmed Hat and Sunscreen (at least 15+)
Toiletries (including 2 Towels)
Medication (including allergy medication)
Patrol Uniform (U15-U17 only)
Light-weight backpack and drink bottle
Camera/Watch (optional - this will be your responsibility)

## What you will be doing at the camp

As a participant you will be exposed to a variety of sessions which are designed to challenge you personally and as an integral member of a team. It also includes opportunities to get to know members from other Clubs and hopefully make a few new friends in Surf.

Activities at the camp include:

- Teamwork & Leadership
- Surfing & Body-boarding
- Walking & Sightseeing
- Lifesaving Pool Events
- First Aid & Scenarios
- Ecosurf & the Environment
- Guest Speakers

and much more.



## Who are the camp supervisors?

This camp is coordinated by Surf Life Saving SA however all aspects of the camp are supported by a committed group of volunteer club members. This combined group will be your hosts at the camp.

All Camp supervisors have experience in camp/event management (surf lifesaving and/or business) and an extensive involvement with Surf Life Saving SA. Clubs with members attending will also be providing support staff to ensure the camp is a positive lifesaving experience for all people involved.

The Camp supervisors and support staff have completed the Surf Life Saving Australia member protection policy and have a current police certificate.

## Who can I contact with questions now or whilst on camp?

Stephen Cornish: Phone: 8354 6900 Mobile: 0422 606 575

Email: [stevec@surfrescue.com.au](mailto:stevec@surfrescue.com.au)

## What next?

Please check your E-mails on the Thursday prior to the camps (28/04) for any last minute instructions. Keep active and get ready for some fun (and pray for good weather)

## REMINDER RE COSTS

Clubs are advised cost per member attending the camps are not finalised however will not exceed \$150 per member. These costs include all meals, use of equipment and facilities, accommodation, resources and other literature, transport to and from the camp and a camp pack (including a camp shirt). Clubs will be invoiced the total costs for members attending from their club.

**Clubs are encouraged to meet or subsidise these costs but please check with your Club regarding your payment.**

**I once again congratulate you on your selection and hope you have a great time on camp!!**

SLSSA Junior Development Camps Proudly supported by

