



The life of the beach.

Important Information

Surf Rescue Certificate with CPR. Participants must be at least 13 years of age on the day of the examination. In some cases the examiner may require proof of age.

Have completed a 200 metre swim in 5 minutes or less.

The **FULL COURSE** involves an approximate training time of 14 contact hours over the two weeks (This may vary depending on previous experience). These times are negotiated with the instructor at the first session. Usually 2 nights per week and a weekend morning session are required to adequately complete the course content.

The **CORRESPONDENCE COURSE** involves an 'open book' question paper covering all theory components. Candidates will receive a SLS training manual through the post with the paper. The practical session is to be negotiated with the course coordinator. The correspondence course is only available to country residents.

Those persons wishing to complete the **PROFICIENCY UPDATE** may do so at any examination venue, but must complete the application form and return it with \$40.00 so that sufficient numbers of examiners can be allocated for the day. Please note if you show up on the day without prior notification you will be disappointed when the examiner refuses to let you participate.

Update candidates may attend any training session but should liaise with the Coordinator.

NAME _____ DOB _____

ADDRESS _____

POSTCODE _____

PHONE: H _____ MOBILE _____

WORK: _____ E-MAIL: _____

I WISH TO ATTEND COURSE NUMBER _____

I WISH TO ATTEND UPDATE NUMBER _____